U.S. EMPLOYEE RESOURCES

TOPIC	EXAMPLE(S)	CONTACT
BENEFITS	 Medical, dental or vision benefit coverage Dependent Verification for newly added dependents Life events – marriage, domestic partnership, birth, divorce Spending Accounts (HSA, FSA or commuter) Retirement planning, inquiries for SRP/401(k) or pension Freedom 2 Save 1095-C and 1099-R forms Address change (terminated or retired individuals) 	Abbott Benefits Center Abbott Benefits Center 844-306-9222 Monday – Friday 7 a.m. to 7 p.m. CT
MEDICAL PLANS	 Assistance with claims, coverage, or providers Second opinion services Plan comparison, assistance in selecting coverage 	Abbott Care Coordinators abbotthealthplan.com 888-614-1011 Daily 7:30 a.m. to 9 p.m. CT
EMPLOYMENT/ INCOMEVERIFICATION	 Income verification for mortgage or financial background (Employer Code – Abbott:10020, ARDX:26620 SJM: 15899) Active employees can generate their own employment verification letter via Workday typing "employment verification" in the search bar 	The Work Number www.theworknumber.com/verifier www.theworknumber.com/employees 800-367-5690 Monday – Friday 7 a.m. to 8 p.m. CT
PERSONAL / EMPLOYMENT INFORMATION	 Name change – marriage, divorce Address change (active employees) Incorrect data in Workday Years of service / service date inquiries Contractor service credit Resignation/termination Report a death of an employee or retiree 	HR Service Center hrservicecenter.abbott.com 877-228-4707 Sunday 7 p.m. to Friday 7 p.m. CT
PAYROLL / HR SERVICE CENTER	 W-2 inquiries Tax Deductions Vacation/time off (time tracking, vacation buy) Direct deposit 	HR Service Center hrservicecenter.abbott.com 877-228-4707 Sunday 7 p.m. to Friday 7 p.m. CT
WELLNESS (CASTLIGHT)	 Castlight account/eligibility Take health assessment Earn points for healthy activities Schedule health screening 	Castlight iLiveLifeWell.com 844-711-7113 Monday – Friday 7 a.m. to 8 p.m. CT

Continued on the next page



U.S. EMPLOYEE RESOURCES (CONTINUED)

TOPIC	EXAMPLE(S)	CONTACT
WELLNESS (SPRING HEALTH)	 Mental health counseling – free therapy sessions from trusted providers Alcohol and substance use support On-demand digital tools and wellness exercises Dedicated clinical experts Medication management support Coaching sessions Work-life services, and legal and financial consultations 24/7 support during crisis situations 	Spring Health iLiveLifeWell.com 855-629-0554 (or 800-626-0738) Option 1 for Spanish, 2 for crisis, 3 for general support, 4 for manager support
LEAVE INFORMATION (TIME AWAY FROM WORK)	 Maternity leave Family leave/Parental leave Other (bereavement, military, personal etc.) Short-term medical and long-term disability Vacation and time off 	myHRportal Leaves and Time Off (sharepoint.com)
FAMILY CARE SUPPORT	 Free, 24/7, one-on-one personalized support Exclusive discounts on childcare, senior care, retail and more A robust database of screened and background-checked caregivers Resources and support for parents of neurodiverse children Elder care patient advocacy, care coordination and caregiving support services Education support including college advisory services 	Care.com abbott.care.com 866-814-1638
TUITION ASSISTANCE	Tuition assistance FreeU bachelor's degree program	EdAssist abbott.edassist.com (Abbott network username and password are required) 866-233-2235 Monday – Friday 7 a.m. to 7 p.m. CT