



As you move into the new year and try to keep yourself and your family healthy, Abbott has a team of Care Coordinators ready to assist you.



## Your health care "concierge desk"

The Care Coordinators are an expert team of nurses, patient service representatives and benefit specialists who can help you navigate your medical plan, including:

- Understanding your health and prescription drug benefits
- Finding in-network, quality providers and scheduling appointments
- Identifying ways to lower your out-of-pocket costs and resolving claim or billing issues
- Coordinating pre-authorizations directly with your providers
- Getting second opinions
- Supporting you through smoking cessation and health coaching

To get started, contact the Care Coordinators at 888-614-1011 (or 614-846-4318 outside the U.S.), Monday-Friday, 7:30 a.m. – 9 p.m. CT.

This program is available to participants in Abbott's HIP PPO and Traditional PPO plans.